## **COMING UP**

O6/05/23 Otters Twilight Encouragement Meet

✓ 21/05/23 Officials' Club Short Course Challenge

We are in the middle of ordering new polos for members. If you would like to purchase one, please see our uniform coordinator (Thu) or email us at oasisotters@gmail.com.



**OASIS OTTERS** 

**SWIMMING CLUB** 



#### World's Greatest Shave

It has been Oasis Otters Swimming Club's tradition since 2010, to raise money for the Leukemia Foundation "World Greatest Shave" but unfortunately missed out the last two years due to the pandemic.

Thank you to James, Daniel and Keith who shaved their hair off! It's always a fun tradition, whilst raising some money towards the Leukaemia Foundation. This is also a great way of teaching our children kindness, support & giving back.

A total of \$373 was raised. Thank you to all for supporting such a great cause.











# OASIS OTTERS SWIMMING CLUB

**MINI MEET** 













April's mini meet was yet another great turnout. Massive thank you to all parents who helped with timekeeping, breakfast duties and the clean up.















# P A

## OASIS OTTERS SWIMMING CLUB

2023 AUSTRALIAN AGE & OPEN CHAMPIONSHIPS PHOTOS

























## OASIS OTTERS SWIMMING CLUB

## **COMPETITION RESULTS**

## AGE NATIONALS RECAP

What a week of racing! Massive congratulations to our 7 Age National qualifiers - 6 of whom experienced their first National Championships.

The competition kicked off with Andrew representing the Otters over the first 3 days across 7 MultiClass events ranging from 50m to 200m. Of his 8 events, Andrew achieved 6 PBs and even got to re-swim his 200m IM in the finals session after a bit of a blunder on Swimming Australia's part. Finishing with a total of 44 points for the club, Andrew's second Age Nationals was a great success.

The 3rd day of the competition saw Bronwyn making a splash in the Girls 13 Years 100m Butterfly with a 0.5 sec PB. The next two days of racing also saw improvements in Bronwyn's 50m Breaststroke with a big 1 sec PB and 0.6 sec PB in the 50m Butterfly. Well done on a great few days of racing at your first Nationals!

Sunday welcomed the rest of the team up to the Gold Coast and swimmers enjoying a splash at Southport's world-class aquatic facility.

Monday was a busy day of racing with Giorgia hitting the water for her first Age Nationals campaign in the heats session. Blowing out the cobwebs with a small PB in the Girls 14 Years 50m Freestyle, the next few days of racing looked promising for Giorgia.

Pressure was on for Monday evening with our highly anticipated Boys 14 - 18 Years 4x50m Medley Relay swimming superbly. With a monster anchor Freestyle leg from Brady and fantastic racing from Jayden, Henry and Daniel also, all boys swam PB relay splits - shaving 3.3 secs off their entry time and pulling their ranking from last place (51st) to 35th . The boys spent the rest of the trip enjoying Queensland's theme parks, making the most of their school holidays.

With a mix of sprint Butterfly, Breaststroke and Freestyle events, Giorgia wrapped up the Otters Age Nationals week swimming 3 PBs from 5 swims and coming away with many learning experiences. We are excited to see how Giorgia's swimming journey will play out over the next few years.

The team finished 178th in Australia with a total of 44 points. Massive congratulations and thanks to Coach James for leading our biggest National team ever - here's to more success at this level!

### AUSTRALIAN CHAMPIONSHIPS RECAP

A busy two weeks on the Gold Coast for our coaching team with Coach Bridget travelling up to the warm weather with Kelvin for the Australian Swimming Championships just two days after the Age swimmers returned. At his first long course National Championships, Kelvin swam a 1.3 sec PB in the Men's MultiClass 400m Freestyle heats. Coming back in the evening and finishing 9th in Australia, Kelvin's first LC Nationals was a great experience.







# OASIS OTTERS SWIMMING CLUB

## **MEET THE FAMILY**

- 1/ How long have you been with the Otters?
- lyr and 8mths (approx)
- 2/ How did you get into swimming?
- Started swimming at the age of 6 to help with lung issues
- 3/ What do you like most about swimming?
  - Competitions and friendships
- 4/ One fun fact about yourself:
  - I like going to the Beach
- 5/ Who is the famous person you would like to meet one day, and why?
- Micheal Phealps because of the amount of medals he has won at the Olympic Games
- 6/ How do you juggle swimming and school?
- When I am at swimming I only concentrate on swimming and my goals.
- When I am at school I concentrate on school work

7/ What steps do you take to prepare for competitions

• Have a clear mind mentally. To keep negative thoughts away. Have a nervous feeling on the blocks so that I know I am prepared for the race.

#### <u>Daniel's parent</u>

1/What is your favourite thing about being part of the Otters family?

• The friendships the kids and families have.

2/ How can families help the club build a connection and numbers?

- Numbers word of mouth.
- Building a connection with families outings and events (away form swimming)

3/ Tips or advice for parents of swimmers

- Swimming might not have a off season but it does have an off switch ..
- Save money for potential Nationals





